



August 2015

Overview of Outreach

Mission Statement

"To collaboratively teach resilience, support emotional health and stability, and promote hope for a meaningful life to the children, families, residents and leaders of North St. Louis County and City."

Resilience Coalition

SANCTION:

Directors of the Departments of Mental Health (DMH), Elementary and Secondary Education (DESE) & Social Services (DSS) sanctioned the Resilience Coalition on August 26, 2014 and charged them to work with St. Louis communities & leaders to:

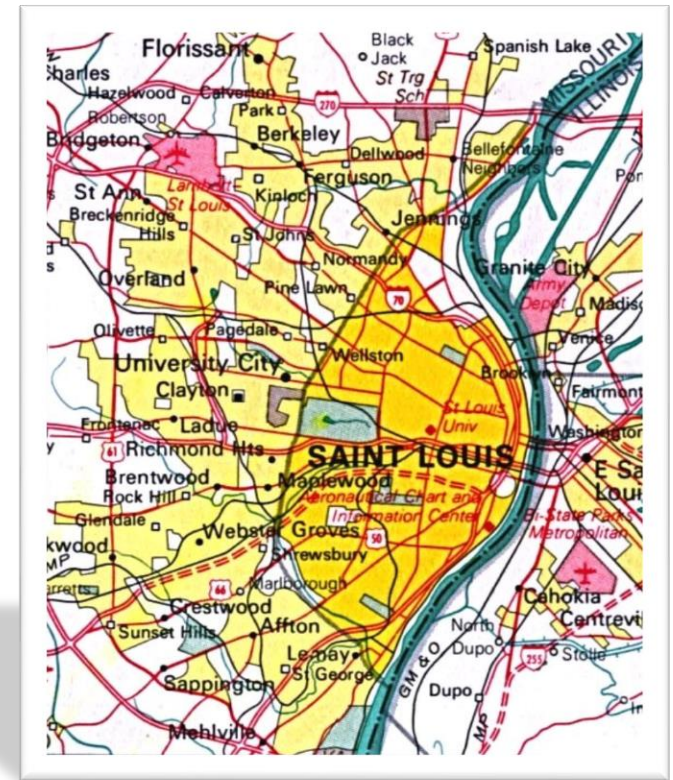
- ✚ “Assist families and school personnel in teaching resilience and promoting hope for a better life for all children who live in North St. Louis area” and;
- ✚ “Work cooperatively with a broader coalition of individuals, organizations and agencies to tangibly support the emotional health and stability of children and families who live in them”

SERVICE AREA:

NORTH COUNTY: Bellefontaine Neighbors, Bell-Nor, Bel Ridge, Berkeley, Black Jack, Calverton Park, Cool Valley, County Club Hills, Ferguson, Florissant, Hazelwood, Jennings, Moline Acres, Normandy, Pasedena Hills, Pine Lawn, Riverview, Spanish Lake, Velda Village, Vinita Park and Wellston.

NORTH ST. LOUIS CITY: Neighborhoods north of Delmar.

HOTLINE: 1-800-811-4760 for mental health information and access; this is an existing crisis hotline staffed by Behavioral Health Response



OVERVIEW OF KEY ACTIVITIES:

BACKGROUND

DMH-DESE-DSS convene a cadre of behavioral health agencies to establish public/private coalition focused on emotional impacts to the children and families following the Michael Brown tragedy; Laurent Javois is chosen as coalition coordinator (8/22/14)

Directors of DMH-DESE-DSS formally **sanction** the North St. Louis and County Resilience Coalition (aka Resilience Coalition) to support families and communities (8/26/14)

Resilience Coalition meets for the first time (8/28/14)

Resilience Coalition reviews evidence-based intervention models that promote resilience to help promote concepts of coping and resilience and make coalition organizations aware of the models (9/11/14)

Gov. Jay Nixon meets with Resilience Coalition representatives to discuss mental health efforts and support for families in Ferguson and surrounding north county area (11/22/14)

TRAININGS

DESE asks DMH to provide training “Supporting Our Children: Resilience In A Time of Need” to 220 North County and City educators to help them identify signs of trauma and refer children needing mental health professionals (8/21/14)

Khatib Waheed delivers “Race: the Power of Illusion” training to Resilience Coalition members to provide historical context and deeper understanding of race and its connection to trauma (9/4/14)



Resilience Coalition conducts Racial Equity Learning Exchange (RELE) training to provide historical context, deeper understanding of race as it relates to trauma with:

- Executive Team Leaders of the St. Louis Metropolitan Police Department (10/21/14)
- Department of Mental Health (DMH) Executive Staff in Jefferson City (11/3/14)
- St. Louis Public Schools Safety Officers (11/10/14)

Resilience Coalition conducts train-the-trainer instruction for selected mental health professionals on Skills for Psychological Recovery (SPR) group sessions; Missouri is first in the nation to train a statewide team

Resilience Coalition presentation to the Missouri Mental Health Commission (12/11/14)

Consultant Rebecca Bennett provides “Listening to the Community: A Training on Community Engagement, Active Listening & Convening Conversations” facilitation training to eight (8) Resilience Coalition members (12/19/14)

Khatib Waheed conducts Racial Equity Learning Exchange training to Department of Mental Health Commission and Mental Health Departmental Directors (1/8/15)

Khatib Waheed conducts an introductory train-the-trainer session on Racial Equity and Disparities with three (3) Resilience Coalition members (1/20/15)

Resilience Coalition conducts facilitation training to five (5) members of the Community Engagement Workgroup for new presenters to the Listening Session. Training was conducted by Dr. Vetta Thompson and Joe Yancey (1/30/15)

Resilience Coalition conducts “Race, Trauma & Toxic Stress” training to ninety (90) School Safety Officers (2/13/15)



Resilience Coalition members attend “How Trauma Impacts Children’s Social, Emotional and Health Outcomes” workshop, co-sponsored by DMH, Alive & Well-St. Louis and Mental Health Board (2/17/15)

Resilience Coalition conducts 2nd facilitation training to six (6) members of the Community Engagement Workgroup for new presenters to the Listening Session. Training is conducted by Dr. Vetta Thompson and Joe Yancey (5/26/15)

ECONOMIC DEVELOPMENT

Resilience Coalition participates in Urban League Job Fair with AFSCME representatives from Bellefontaine Habilitation Center to promote local employment opportunities and current job openings (9/14/14)

Resilience Coalition members support “Shop Ferguson” Listening Forums to provide emotional, mental and economic support to business owners and their employees in Ferguson and the surrounding neighborhoods (9/16/14)

Resilience Coalition collaborates with the United Way Ferguson Area Crisis, Round Table #3 to provide emergency assistance to support their efforts of food distribution, transportation, and crisis counseling (12/1/14)

Resilience Coalition participates in Small Business Listening Forums to discuss mental health resources available through coalition member. The forum was sponsored by North County Incorporated for the businesses in Ferguson, Dellwood and Jennings (12/12/14)



BUILDING “TRAUMA FREE COMMUNITIES”

Resilience Coalition collaborates with University of Missouri St. Louis to provide resilience and coping groups to police and their families directly impacted by Ferguson (12/3/14)

Resilience Coalition collaborates with Dr. Mara Robinson, President of the Association of Black Psychologists to provide clinical support to Ferguson residents (12/5/14)

Resilience Coalition collaborates with Dr. Tara Galovski and Dr. Wilma Calvert of the University of Missouri-St. Louis to survey law enforcement/community members in Ferguson most directly affected by the Michael Brown shooting; survey is named the Ferguson Reaction Study (12/9/14)



Resilience Coalition collaborates with Metropolitan Congregation United interfaith organization to staff sanctuary and safe houses at area churches - during the weeks following the Grand Jury decision (12/9/14 – 12/30/14)

Resilience Coalition supports the Ethics Project National Youth Initiative 2015 Conference by leveraging dollars to send five (5) students from Vashon High School to the conference; BHR provides financial support (4-16-15 – 4/18/15)

Resilience Coalition closely aligns its efforts to support the System of Care Initiative aimed at developing trauma informed communities (5/26/15)

Resilience Coalition supports efforts of the Bridges To Care & Recovery Initiative, an initiative involving nine churches who completed training to become “behavioral health friendly churches.” Church members also completed Mental First Aid training (5/31/15)

Resilience Coalition holds collaborative meeting with BJC Behavioral Health and Preferred Family Healthcare to provide Mental Health First Aid and other special trainings to the North County schools (6/1/15)

LISTENING SESSIONS

The Resilience Coalition (RC), chartered by the Missouri Departments of Mental Health, Elementary and Secondary Education (DESE) and Social Services (DSS) following the death of Michael Brown in 2014, continues to work in North St. Louis City and County. The Resilience Coalition regularly convenes more than 60 behavioral health provider agencies to provide support services in the area to individuals, families and communities.

As a community engagement strategy, Listening Sessions focus on trauma and toxic stress and the resulting impact on individuals, families and communities. Specifically, the content of the Listening Sessions allows participants to:

- listen and share thoughts, feelings and experiences related to emotional health and wellness in a safe environment,
- be provided the historical role of racism in denying African Americans access to resources and opportunities,
- hear documented disparities in health status, education, poverty and involvement with the criminal justice system, and
- gain information and direct access to supports/services at the conclusion of each Listening Sessions from a “Community Connector” from Bridges To Care & Recovery (BRCR), Behavioral Health Network of Greater St. Louis



The first Listening Session was held in the City of St. Louis on 11/15/14. To date, a total of 383 individuals have participated in Listening Sessions across the St. Louis City and County. See chart below:

Listening Sessions Summary

# of Participants	Name of Organization	Date/Time	Zip Code	Demographic Area	Organization Type	# of Referrals to BRCC
18	New Horizon 7 th Day Church	11/15/2014	63121	Cool Valley	Faith-Based	0
25	Mt. Mt. Zion Baptist Church	11/19/2014	63117	Richmond Heights	Faith-Based	0
12	New Sunny MB Church	12/6/2014	63115	St. Louis City	Faith-Based	0
37	Yeatman Middle School	1/13/2015	63115	St. Louis City	School	0
16	Vashon High School	1/21/2015	63106	St. Louis City	School	0
15	TEACH Society	1/22/2015	63108	St. Louis City	Community	0
14	Oak Hill School	1/27/2015	63116	St. Louis City	School	2
29	Walbridge School	1/29/2015	63120	St. Louis City	School	0
7	New Northside MB Church	2/7/2015	63147	St. Louis City	Faith Based	0
14	Good Journey Foundation	3/14/2015	63108	St. Louis City	Youth	7
27	New Northside MB Church	4/15/2015	63147	St. Louis City	Faith Based	0
28	Employment Connections	4/24/2015	63103	St. Louis City	Business	0
24	Sumner High School	5/1/2015	63113	St. Louis City	School	0

# of Participants	Name of Organization	Date/Time	Zip Code	Demographic Area	Organization Type	# of Referrals to BRCC
8	Pamoja Prep Academy	5/4/2015	63108	St. Louis City	School	0
11	Community Women Against Hardship	7/11/2015	63108	St. Louis City	Community	0
30	Jennings Children's Division	7/16/2015	63136	Jennings	Business	1
14	The SPOT	7/21/2015	63108	St. Louis City	Youth Serving	0
32	Overland Children's Division	7/22/2015	63132	Overland	Business	2
22	South Side Senior Apartments	7/28/2015	63118	St. Louis City	Business	0
Summary as of August 1, 2015						
383	19 Groups: 4 businesses, 2 community, 5 faith based, 6 schools, 2 youth					12 referrals

Resilience Coalition Members

Steering Committee in Bold

Name	Title	Agency
Jermine Alberty	MHFA Director of Training	UMSL/MIMH
Tina Anderson	Outreach Coordinator	Healthcare USA
Regina Askew	Director of Behavioral Health	Myrtle Hilliard Davis Health Center
Veronica Banks	Executive Assistant	Resilience Coalition
Dr. Vicki Bernard	Director of Counseling	Harris Stowe State University
Carrie Bolm	VP of Community Bus Ed Services	Great Circle
Teresa Brandon	VP Clinical	Hopewell
Dwayne Butler	President & CEO	Betty Jean Kerr Peoples Health Center
Aimee Cacciatore	Director of Student Services	Ferguson Florissant School District
Connie Cahalan	Children's Director	DMH
Maida Coleman	Director	Office of Community Engagement
Pat Coleman	President & CEO	BHR
Danielle Conrey	Community Mental Health	BJC Behavioral Health
Charles Conway	Clinical Supervisor	Preferred Family Healthcare
Dr. Mary Cradock		BJC Behavioral Health
Tim Decker	Director Children's Division	DSS
Jama Dodson	Executive Director	St. Louis Mental Health Board
Dr. Jerry Dunn	Executive Director	Childrens Advocacy Services-UMSL
Riisa Easley	Project Director SDC	System of Care
Al Eason	C30	DMH
Stacy Ederer	Circuit Manager	DSS
Laurie Eppler	Deputy Director of Administration, Div of BH	DMH
Camille Famous	Therapist	Care for Justus
Carl Farr	Director of Employment	DMH

Name	Title	Agency
Susan Flanigan	Legislative Liaison	DMH
Kim Gladstone	Executive Director	BJC Behavioral Health
Rick Gowdy	Deputy Director, Div. BH	DMH
Julie Harris	Circuit Manager	CD
Annette House	Circuit Manager	CD
Jade James	(Dr. Gunn's back up)	St. Louis County Health
Laurent Javois	Regional Executive	DMH
Veta Jeffery	OCE	Office of Admin
Jonas Jones	Fellow	The Mission Continues - St. Louis County Police
Ed Katcher	Education Consultant	
Joan Keenan	Asst Coordinator of Disaster Services	DMH
Emily Koenig	Children's Service Manager	DMH
Lisa Lappin		BHR Worldwide
Jennifer Lee	Sr. VP, Housing and Admin Svcs.	Crider Center
Rev. Isaac McCullough	Pastor	Spiritual and Emotional Care Committee
Sylvia Merriweather		Peoples Health Center
Kathy Moehrle	Admin Asst.	DMH
Charlotte Moten		
Serena Muhammad	Director – Strategic Initiatives	STL Mental Health Board
Wendy Orson	CEO	BHN
Bryan Quick	Vice President	Preferred Family Healthcare
Dr. Marva Robinson	President	STL Association of Black Psychologists
Sgt. Jeremy Romo	CIT Program	St. Louis County PD
Dr Vetta Sanders-Thompson	Professor	Washington University
Dr Virginia Selleck	Chief Clinical Officer	Places for People
Alicia Smith	Community Outreach Coordinator	STL County Children's Svc Fund
Mark Stringer	Department Director	DMH
Angela Tate	Director of Clinical Services	BHR
Karen Vaughn	Consultant	BJC Behavioral Health
Khatib Waheed	Consultant	Resilience Coalition

Name	Title	Agency
Debra Walker	Director Office of Public Affairs	DMH
Howard Weissman	Executive Director	National Council for Alcohol & Drug Abuse
Kate Wieberg	Director of Operations	DMH
Jenny Wiley	Coordinator of Disaster Services	DMH
Candace Williams	Supervisor	BJC Behavioral Health
Rev. G. Harold Williams	Faith Based director	Bridges to Care & Recovery
Robbin Williams	Project Manager	SIRV (St. Louis Initiative to Reduce Violence)
Peppy Howard-Willms	Chief Education Officers	Great Circle
Patrice Wilson		Great Circle
Dr. Roy Wilson	Medical Director, SLPRC	DMH
Maranda Witherspoon	Program Officer	MO Foundation for Health
Joe Yancey	Executive Director	Places for People
Angela Yarbrough	Prevention Specialist	National Council for Alcohol & Drug Abuse
Dr. Rene Yoesel	Dir., Guidance & Placement SVs	DESE
Sue Zerwig	STL Regional Director	DSS



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